



Controlled Data Release


## EpUp Study: A Pilot Intervention for People with Epilepsy and Depression

**EpLink**, the epilepsy research program of the Ontario Brain Institute (OBI), has released a clinical dataset containing assessments of adults with epilepsy and self-reported depressive symptoms. The data have been standardized, cleaned, and curated on Brain-CODE, OBI's state-of-the-art neuroinformatics platform, to allow maximum utility for analysis.

Gathered through EpLink's foundational *EpUp Study: A Pilot Intervention for People with Epilepsy & Depression*, an exploration of two distance-delivery, group intervention programs, these data are now available on Brain-CODE, OBI's state-of-the-art neuroinformatics platform.

The EpUp study dataset includes de-identified demographic information, medical history, medication logs, and validated clinical assessment scales related to mood, sleep, and quality of life.

[Explore the data at braincode.ca](https://braincode.ca)



**EpLink** is an epilepsy research program focused on finding new ways to diagnose, treat and improve the lives of people living with drug-resistant epilepsy. Funded by Ontario Brain Institute, EpLink aims to bring health innovations directly to the epilepsy community. For more information, visit [eplink.ca](https://eplink.ca)

**The Ontario Brain Institute** (OBI) is a not-for-profit organization that accelerates discovery and innovation, benefiting both patients and the economy. Our collaborative 'team science' approach promotes brain research, commercialization, and care by connecting researchers, clinicians, industry, patients, and their advocates to improve the lives of those living with brain disorders. Funding provided, in part by, the Government of Ontario. Learn more at [braininstitute.ca](https://braininstitute.ca)

[braininstitute.ca](https://braininstitute.ca) | [braincode.ca](https://braincode.ca) | [eplink.ca](https://eplink.ca)