



New ONDRI research* provides objective evidence validating the lived experience of many care partners to people living with neurodegenerative disease.



These research findings suggest that:

- Caring for a person living with a neurodegenerative disease is an individualized & unique experience.
- Care partners' needs & concerns do not fit clearly within a single box nor map onto specific diseases.
- Person-centred caregiving programs that address concerns at an individualized level may offer optimal support.
- Findings have implications for delivery of caregiving support, education, and training programs.

To benefit the most from your caregiving experience:

1. Reflect upon and list out aspects of caregiving that most affect your quality of life (both positively and negatively). Note which items cause worry today and those that make you worry about the future.
2. Review this list with your healthcare team and/or community support agency so they can provide you with tailored solutions that meet your needs and those of and your loved one.

* "Caregiving concerns and clinical characteristics across neurodegenerative and cerebrovascular disorders in the ONDRI study" led by Derek Beaton and Angela Roberts

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